GECAC CORRY SENIOR CENTER MAY 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477 OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 7TH MOTHER'S DAY PARTY 50/50 Lottery Tree BIRTHDAYS
- 13TH Community Nurses of NE @10:30 AM

 Blood Pressure Screening

 CAR FIT EVENT 10:00 AM—1:00 PM Trained experts with assess your comfort, safety & fit inside your vehicle. Sign up in advance
- 16TH SPEAKER: ADAGIO @11:00 AM Colorful & Classic Favorites
- 19TH SPRUCE UP EVENT 10:00 AM—1:00 PM @ GECAC Corry Senior Center
- 20TH PAINTING CLASS @ 1:00 PM In celebration of Older American's Month this class is FREE of charge. Sign up in advance n the office.
- 28TH SPEAKER: CJCU & AARP @11:00 AM Fraud Bingo

**** UPCOMING DATES ****

- **MAY 7** Mother's Day Party
 - Reservations Due by WED., APR. 23RD
- JUN 11 Father's Day Party
 - Reservations Due by WED., MAY 28TH
- **JULY 11** Summertime Party
 - Reservations Due by TUES., JULY 1ST
- OCT 31 Halloween Party
 - Reservations Due by WED., OCT. 15TH

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!



BIRTHDAYS

- 5-2 HELEN KENT
- 5-4 KAYE MCCRAY
- 5-5 JANET AHL
- 5-9 DOROTHY JACKMAN
- 5-24 JACKIE LUND
- 5-25 DIANE (DEE) GIACOMA

IOIN US FOR BIRTHDAY CAKE!





Tue	Wed	Thur	Fri
29 PORK ROAST 9:00 CARDS	30 STUFFED CHICKEN 9:00 CARDS 12:30 BINGO	1 CHEESEBURGER 9:00 CARDS 11:00 EXERCISE	2 CHICKEN ala KING 9:00 CARDS 12:30 BINGO
6 OVEN FRIED CHICKEN 9:00 CARDS	7 MOTHER'S DAY PARTY Lottery Tree 50/50 Wreath BIRTHDAY'S	8 CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	9 STUFFED PEPPER 9:00 CARDS 12:30 BINGO
13 CHICKEN SALAD 9:00 CARDS 10:30 Blood Pressure Screening 10:00AM—1:00PM CAR FIT EVENT BY APPT	14 SWEDISH MEATBALLS 9:00 CARDS 12:30 BINGO	15 HAM 9:00 CARDS 11:00 EXERCISE	16 MEATBALL SUB 9:00 CARDS 11:00 SPEAKER: ADAGIO Colorful & Classic Favorites 12:30 BINGO
20 BEEF STEW 9:00 CARDS 1:00 PAINTING CLASS In celebration of Older American's Month. FREE of charge. Sign up in advance	21 GOULASH 9:00 CARDS 12:30 BINGO	22 STUFFED CHICKEN 9:00 CARDS 11:00 EXERCISE	23 RAVIOLI 9:00 CARDS 12:30 BINGO
27 SAUSAGE SUB 9:00 CARDS	28 OX ROAST 9:00 CARDS 11:00 SPEAKER: CJCU & AARP Fraud Bingo 12:30 BINGO	29 STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE	30 TUNA 9:00 CARDS 12:30 BINGO

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

ERIE CO VETERAN'S AFFAIRS:

(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov



How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$7.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON FOR SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION
PLEASE MAKE YOUR MEAL
RESERVATIONS
2 WEEKS IN ADVANCE
PARTIES WILL BE \$5.00, UNLESS
STATED OTHERWISE

500 CARD CLUB HELD ON TUESDAYS

BINGO IS PLAYED ON WEDNESDAYS & FRIDAYS @ 12:30. We have LOTS OF FUN, so come join us!!!

TAI CHI EXERCISE THURSDAYS! Let's be healthy!

GAMES & WII ANY DAY! *****

The Corry Senior Center is operated by the Greater Erie Community Action Committee and funded in part by the County of Erie, Area Agency on Aging.

Dr. Benjamin Wilson, CEO

Ray Maholtz, Director—Director of Erie Area Agency on Aging

WE REMEMBER THE MANY BRAVE MEN & WOMEN WHO HAVE GIVEN THEIR LIVES THROUGH THE HISTORY OF OUR COUNTY TO PROTECT US FROM DANGER AND HARM. WE SALUTE ALL THOSE WHO SUSTAINED INJURY IN MIND AND/OR BODY IN THE COURSE OF THEIR SERVICE.

WE SALUTE ALL THOSE WHO SERVED IN THE ARMED FORCES.

THANK YOU FOR YOUR SERVICE.



SOME REMINDERS FOR YOU Reminder that we do offer SNACKS, but they are not free. The Center has purchased these items for everyone. A donation of .50 cents per item can be put in the BOX provided beside the SNACKS. Thank you for those who donate snacks! WE APPRECIATE YOU!!

WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT.

Please see RACHAEL OR VALERI FOR ASSISTANCE





JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search. Type in "GECAC CORRY SR CTR" and ask to join. There are a few questions to answer and you'll need to agree to the Group rules, but it's easy and it's for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

GREAT RESOURCES:

GECAC has a website!! Check out <u>www.gecac.org</u> to see all that we do to help the community!

Pennsylvania 211: Get Connected. Get Help.™



What is 211 used for in PA?

Every day, clients contact 211 to access **free and confidential information**. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, **you can dial 211 or text your zip code to 898-211 to talk to a resource specialist.** Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit <u>www.pa211.org</u> to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!

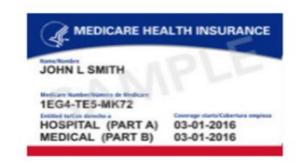


SNAP/EBT (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.

MEDICARE MINUTE...



Traveling with Medicare

How does Medicare work while you are traveling? This is a good question to ask yourself when you are making travel plans. You will want to consider what type of Medicare plan you have.

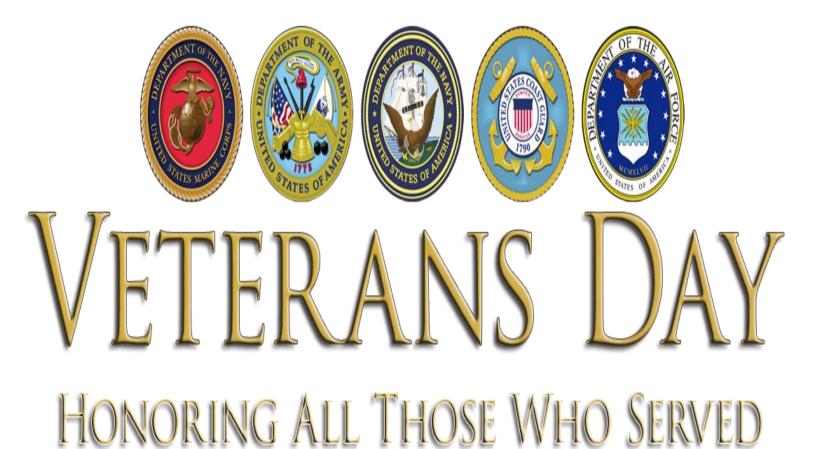
Original Medicare covers emergency care in the U.S. and its territories, including Puerto Rico and the U.S. Virgin Islands. It also covers some international health care in limited circumstances, such as if you're traveling between Alaska and another U.S. state through Canada and a Canadian hospital is closer than the nearest U.S. hospital. Medicare determines what qualifies as "without unreasonable delay" on a case-by-case basis.

If you have a Medicare Advantage Plan, your plan may or may not cover care outside of its service area. Some plans may cover providers that are out-of-network or out of your service area, but with higher cost-sharing (copayments, coinsurances). Your plan may also impose other rules or restrictions (like prior authorization). Contact your plan to see what rules and costs apply when you travel within the U.S.

Medicare will pay for medical care you get on a cruise ship if you get the care while the ship is in U.S. territorial waters. This means the ship is in the U.S. port or within six hours of arrival at or departure from a U.S. port.

PA MEDI information copied from www.pw.aging.gov

Happy Mother's Day to all the mothers in the world. They are the reason why this world is so beautiful. WWW.LOVETHISPIC.COM





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JULY 11 Summer Party
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OCT 31 Halloween Party
Reservations Due by WED., OCT 15TH

The **COST** for the parties will be **\$5.00** with the exception for July and December Parties.